



## Effects of Phenobarbital and Interleukin-6 on Cytochrome P4502B1 and 2B2 in Cultured Rat Hepatocytes

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**ABSTRACT.** The objectives of this study were to characterize further the effects of phenobarbital (PB) on cytochrome P4502B1 and 2B2 (P4502B1/2) enzyme activity and immunoreactivity in rat hepatocytes and to investigate the mechanism(s) mediating the ability of interleukin-6 (IL-6) to inhibit this induction. PB caused a concentration-dependent increase in benzyloxyresorufin O-deethylase (BROD) activity with maximal effects (a 25-fold increase) at concentrations of 0.3 to 1 mM. The induction of BROD activity was linear over 24 hr of exposure. Immunoblot profiles of P4502B1/2 agreed with measurements of enzyme activity. In addition to inducing P4502B1/2, PB (0.75 mM) also increased the levels of P450 reductase by approximately 2-fold following a 24-hr exposure to PB. When IL-6 was added concomitantly with or up to 12 hr after the addition of PB, the PB induction of BROD activity and immunoreactivity was inhibited significantly. When 18 hr elapsed between the time of addition of PB and IL-6, the inhibitory effects of IL-6 were no longer apparent, suggesting that the actions of IL-6 were mediated by early events in the induction process. IL-6 did not affect the PB induction of P450 reductase. To determine whether IL-6 altered the degradation of P4502B1/2, hepatocytes were exposed to PB for 24 hr, then washed, and the loss of BROD activity and immunoreactivity following incubation with a protein synthesis inhibitor was measured. IL-6 did not alter the rate of loss of either enzyme activity or immunoreactivity, indicating that the effects of IL-6 could not be attributed to the enhanced degradation of P4502B1/2. Results suggest that the inhibition of PB-induced BROD activity by IL-6 is due to an action on early cellular and molecular events in the induction process. *BIOCHEM PHARMACOL* 51;5:701–706, 1996.

**KEY WORDS.** cytochrome P4502B1/2; NADPH cytochrome P450 reductase; benzyloxyresorufin O-deethylase; phenobarbital; hepatocytes; interleukin-6

Inflammation or infection initiates a cascade of local and systemic reactions commonly known as the acute phase response [1]. One of the systemic changes observed is a decrease in the levels and activities of P450s,† an effect mediated by various cytokines [for review, see Ref. 2]. However, the mechanism(s) mediating this effect has not been elucidated; there are several steps in the synthesis as well as the degradation of the P450s that may be affected by the cytokines.

*In vivo* studies suggest that cytokines affect primarily the synthesis of P450s. Experimental inflammation, injection of INF inducers, and the administration of IL-1 have been shown to suppress P4502C11 and P4502C12 protein and mRNA levels [3–5]. Other studies have implicated transcriptional or

post-transcriptional effects on mRNA levels as the cause for the loss of P450 by the cytokines [6–8]. Also, Abdel-Razzak *et al.* [9] found that IL-6, IL-1 $\beta$ , and TNF- $\alpha$  significantly depress several P450 (P4501A2, 2C, 2E1, and 3A) enzymatic activities and mRNA expression, whereas  $\gamma$ -INF suppresses only P4501A2 and 2E1 mRNA levels. Using cultured rat hepatocytes, Williams *et al.* [10] have shown that IL-6 (50 U/mL) blocks the induction of P4502B1 mRNA levels, whereas Barker *et al.* [11] found that low concentrations of IL-1 $\beta$  cause an 85% inhibition of P4501A1 and 1A2 mRNAs, but that IL-6 is ineffective at all doses studied. However, Fukuda *et al.* [12] reported that IL-6 down-regulates the transcripts encoding P4501A1, 1A2 and 11A3 in human hepatoma cells, supporting an effect of IL-6 on P450 synthesis.

In addition to evidence supporting an effect of the cytokines on the synthesis of P450s, studies also indicate that cytokines may affect the degradation of P450s. The induction of xanthine oxidase by the cytokines and the subsequent production of free radicals, as well as the induction of heme oxygenase, the rate-limiting enzyme in heme degradation, have been suggested to be involved in the destruction of P450s [13–18]. However, these findings have not been supported universally [19–21].

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‡ Abbreviations: P450, cytochrome P450; INF, interferon; BROD, 7-benzyl-oxyresorufin O-deethylase; P4502B1/2, P4502B1 and P4502B2; PB, phenobarbital; IL, interleukin; TNF, tumor necrosis factor; LPS, bacterial lipopolysaccharide; and MTT, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide.

Recent studies from our laboratory [22] have demonstrated that IL-6 and IL-1 $\beta$  inhibit the induction of both BROD activity and P4502B1/2 immunoreactivity by PB, without altering the induction of 7-ethoxyresorufin O-dealkylase activity or P4501A1 or 1A2 immunoreactivity by 3-methylcholanthrene. In addition, the inhibition by the cytokines is concentration dependent with an IC<sub>50</sub> for IL-6 and IL-1 $\beta$  of 2.0 and 1.6 U/mL culture medium, respectively. Thus, studies suggest that IL-6 inhibits the induction of P4502B1/2 selectively. To elucidate the mechanism(s) mediating this effect, we characterized further the effects of PB and IL-6 on P4502B1/2 enzyme activity and immunoreactivity in hepatocytes and investigated the effects of IL-6 on the degradation of induced P4502B1/2.

## MATERIALS AND METHODS

### Materials

Human IL-6 ( $5.1 \times 10^5$  U/mg, LPS content < 0.1 pg/U) was provided by the Genetics Institute (Cambridge, MA). Williams' E medium and calcium, magnesium-free Hanks' Balanced Salt Solution were purchased from GIBCO BRL (Grand Island, NY). Collagenase was purchased from the Worthington Biochemical Corp. (Freehold, NJ). Matrigel was bought from Collaborative Research (Bedford, MA). SDS was obtained from Pierce (Rockford, IL), acrylamide from Fisher Scientific (Fair Lawn, NJ) and *N,N'*-methylene bisacrylamide from the Eastman Kodak Co. (Rochester, NY). Dexamethasone sodium phosphate was purchased from Elkin-Sinn Inc. (Cherry Hill, NJ). Resorufin as well as 7-benzoyloxyresorufin were purchased from Molecular Probes Inc. (Eugene, OR). All other chemicals were purchased from Bio-Rad Life Sciences (Richmond, CA) or the Sigma Chemical Co. (St. Louis, MO). Dr. M. Adesnick (New York University Medical Center, New York, NY) provided a mouse monoclonal H-8 antibody against P4502B1/2.

### Preparation of Hepatocytes

Adult male Fischer 344 rats (200–250 g, Harlan Industries, Indianapolis, IN) were maintained on a 12-hr light/dark cycle and fed a standard diet and water *ad lib*. The animals were allowed at least a week to acclimatize, and hepatocytes were prepared as described using a standard two step-perfusion technique [22, 23]. The viability of the hepatocytes obtained was 85% or greater as determined by trypan blue exclusion. Hepatocytes were resuspended in Williams' E medium that contained ascorbic acid (50  $\mu$ g/mL), insulin (10  $\mu$ g/mL), 6 nM selenium, 0.1  $\mu$ M dexamethasone, and antibiotics (100 U penicillin, 100  $\mu$ g streptomycin, and 0.25  $\mu$ g amphotericin B/mL culture medium). The hepatocytes were plated at a density of  $3 \times 10^6$  cells/6 cm tissue culture plate coated with 120  $\mu$ L Matrigel (0.32  $\pm$  0.04 mg/mL) and kept at 37° in an atmosphere of 5% CO<sub>2</sub> in air. The medium was changed every 24 hr, and hepatocytes were allowed to recover from the trauma associated with isolation for 48 hr prior to the addition of test compounds. Hepatocytes maintained under these conditions for 72 hr exhibited an approximately 4-fold decreased P4502B1/2 activity as compared with freshly isolated hepato-

cytes; BROD activity by the former was  $8.7 \pm 0.6$  pmol/min/mg protein, whereas activity by the latter was  $34.8 \pm 3.2$  pmol/min/mg protein. Following exposure to the compounds, the cells were harvested in 20 mM Tris-HCl (pH 7.8), and sonicates were prepared with a Heat Systems W375 Sonicator (Plainview, Long Island, NY).

### Enzymatic Assays

The O-deethylation of benzyloxyresorufin was used as a measure of P4502B1/2 activity. BROD activity was determined according to the method of Sinclair *et al.* [23] as described [22]. The product, resorufin, was analyzed fluorometrically (excitation 528 nm and emission 590 nm) on a Perkin-Elmer LS-3B fluorescence spectrometer using authentic resorufin as the standard. Cytochrome P450 reductase activity was determined as described [24, 25]. The assay contained 200 mM Tris-HCl (pH 7.8), 20  $\mu$ g protein, 10 mM NADPH, 100 mM KCN, and 1.2 mM cytochrome c in a total volume of 1 mL. The blank contained all the components of the reaction mixture except NADPH. The reduction of cytochrome c was followed spectrophotometrically on a Beckman DU 70 at 25° for 1 min at an absorbance of 550 nm. Enzyme activity was calculated using an extinction coefficient of 21 cm<sup>-1</sup> mM<sup>-1</sup>. The protein content of the sonicates was determined by the method of Bradford [26] using bovine serum albumin as the standard. Cell viability was determined using a modification of the MTT assay [27]. Following exposure of hepatocytes to PB and/or cycloheximide, 150  $\mu$ L MTT (10 mg/mL saline) was added, and samples were incubated for 2 hr at 37°. The cells were lysed and solubilized by the addition of 750  $\mu$ L of 20% SDS (in 0.02 M HCl) for 6 hr at 37°, and the absorbance of 100- $\mu$ L aliquots was determined at 570 nm using a Bio-Rad model 450 Microplate Reader. Cell survival was calculated relative to controls.

### Immunoblots

For immunoblotting, sonicated samples were separated electrophoretically on a 10%-SDS polyacrylamide gel [23]. The proteins were transferred to nitrocellulose membranes for 1 hr at 100 V. The membranes were blocked for 1 hr with 0.3% Tween-20, washed, and exposed to H-8 mouse monoclonal anti-P4502B1/2 for 1 hr. After extensive washing, the membranes were treated with goat antimouse immunoglobulin conjugated with alkaline phosphatase. The color was developed using 5-bromo-4-chloro-3-indolyltoluidine phosphate and *p*-nitroblue tetrazolium chloride. The band intensity was determined using a Bio-Rad Imaging Densitometer GS-670.

## RESULTS AND DISCUSSION

### PB Induction of P4502B1/2 and NADPH Cytochrome P450 Reductase

Experiments in our laboratory demonstrated that IL-6 inhibits the induction of P4502B1/2 in rat hepatocytes 24 hr following the concomitant addition of IL-6 and 2 mM PB [22]. Although

2 mM PB was chosen based on previous studies [10], this concentration produced variability in the data from experiment to experiment, perhaps because optimal conditions were not employed. Although PB has been shown to induce P4502B1/2 in hepatocytes [10, 23, 28, 29], concentration-effect studies are not well documented. Thus, the first series of experiments sought to optimize the effects of PB on the induction of P4502B1/2. The concentration-dependence and time-course of the effects of PB on the induction of BROD activity and the levels of P4502B1/2 immunoreactive protein are shown in Fig. 1. Both BROD activity and P4502B1/2 immunoreactivity exhibited an inverse U-shape as a function of PB concentration with optimal concentrations of PB ranging from 0.3 to 1.0 mM (Fig. 1A). This optimum for inducing

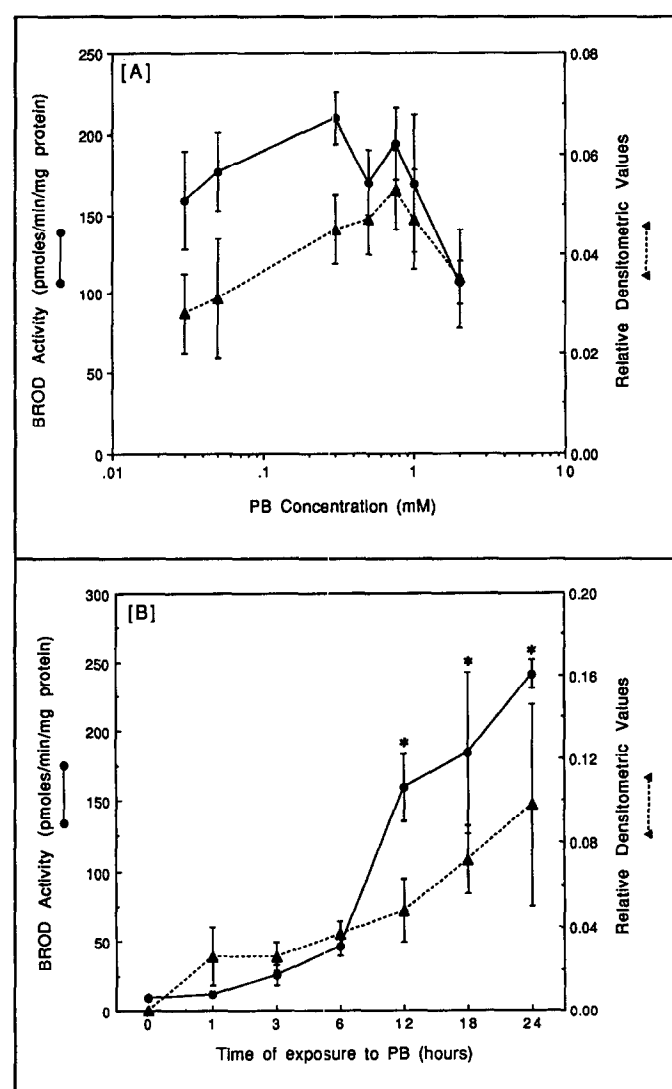


FIG. 1. PB induction of P4502B1/2. Hepatocytes were isolated, processed, and incubated with various concentrations of PB (0.03 to 2 mM) for 24 h [A] or with 0.75 mM PB for 1–24 h [B]. Cells were harvested and sonicated, and BROD activity and immunoreactivity were determined. Each point is the mean  $\pm$  SEM of 3–4 experiments. Basal values of BROD activity were  $8.1 \pm 1.0$  pmol/min/mg protein. The asterisks denote a significantly ( $P < 0.05$ ) increased BROD activity relative to hepatocytes incubated in the absence of PB.

BROD activity and P4502B1/2 immunoreactivity was similar to the 0.75 mM PB optimum to induce diazepam-metabolizing activity in isolated hepatocytes [30]. The inverse U-shape curve as a function of PB concentration has not been demonstrated previously and suggests that studies in hepatocytes measuring P4502B1/2 that use less than 0.3 mM or more than 1.0 mM PB are being performed under less than optimal conditions.

On the basis of the concentration-response studies, 0.75 mM PB was chosen to determine the time-course of the effect. Hepatocytes were exposed to 0.75 mM PB for up to 24 hr, and BROD activity and P4502B1/2 immunoreactivity were determined (Fig. 1B). Results from these experiments indicate that BROD activity increased slowly during the first 6 hr of exposure to PB, followed by a more rapid increase in activity from 6–24 hr. BROD activity was significantly ( $P < 0.05$ ) different from control (0 time, no PB) values following 12, 18 and 24 hr of exposure; immunoreactivity increased in a similar fashion. The approximately 25-fold increased BROD activity following 24 hr of incubation with 0.75 mM PB is in the range observed for PB induction of P4502B1/2 *in vivo*.

In addition to inducing P4502B1/2, PB has also been shown to induce NADPH cytochrome P450 reductase, the enzyme catalyzing the rate-limiting step in P450-mediated oxidations. Although PB induction of P450 reductase has been demonstrated *in vivo* [31, 32] as well as in hepatocytes isolated from PB-treated rats [33], the ability of PB to induce cytochrome P450 reductase in cultured rat hepatocytes is not well established. Thus, cells were exposed to control medium or medium containing 0.75 mM PB for 24 hr and P450 reductase activity was determined. Results (Table 1) indicate that PB increased P450 reductase activity significantly ( $P < 0.05$ ) by approximately 2-fold. This increase in reductase activity in hepatocytes cultured on Matrigel was similar to the 3 to 4-fold induction of cytochrome P450 reductase by PB in hepatocytes cultured on Vitrogen for 96 hr [30], indicating that Matrigel, like Vitrogen, supports the induction of both P4502B1/2 and NADPH cytochrome P450 reductase.

#### Inhibition of PB Induction by IL-6

Although IL-6 is well established to inhibit the PB induction of P4502B1/2 [10, 22], the mechanism(s) responsible has not

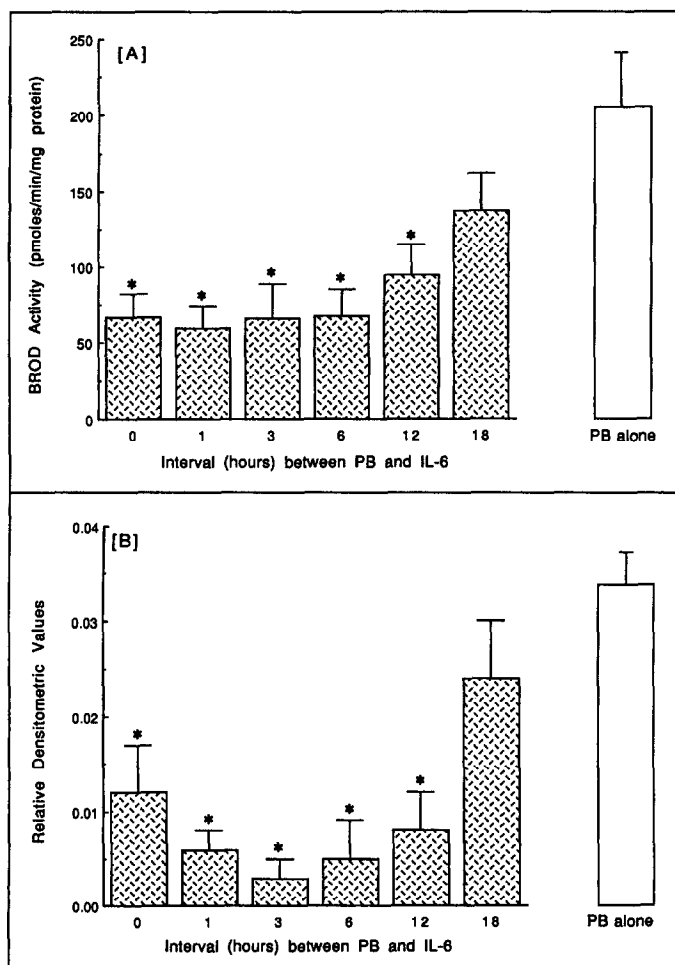
TABLE 1. Effects of PB and IL-6 on P450 reductase activity in rat hepatocytes

Incubation condition	P450 reductase activity (nmole/min/mg protein)
No drug	$19.1 \pm 2.60$ (N = 6)
PB (0.75 mM)	$37.5 \pm 2.24^*$ (N = 3)
PB (0.75 mM) + IL-6 (25 U/mL)	$39.1 \pm 3.38^*$ (N = 3)

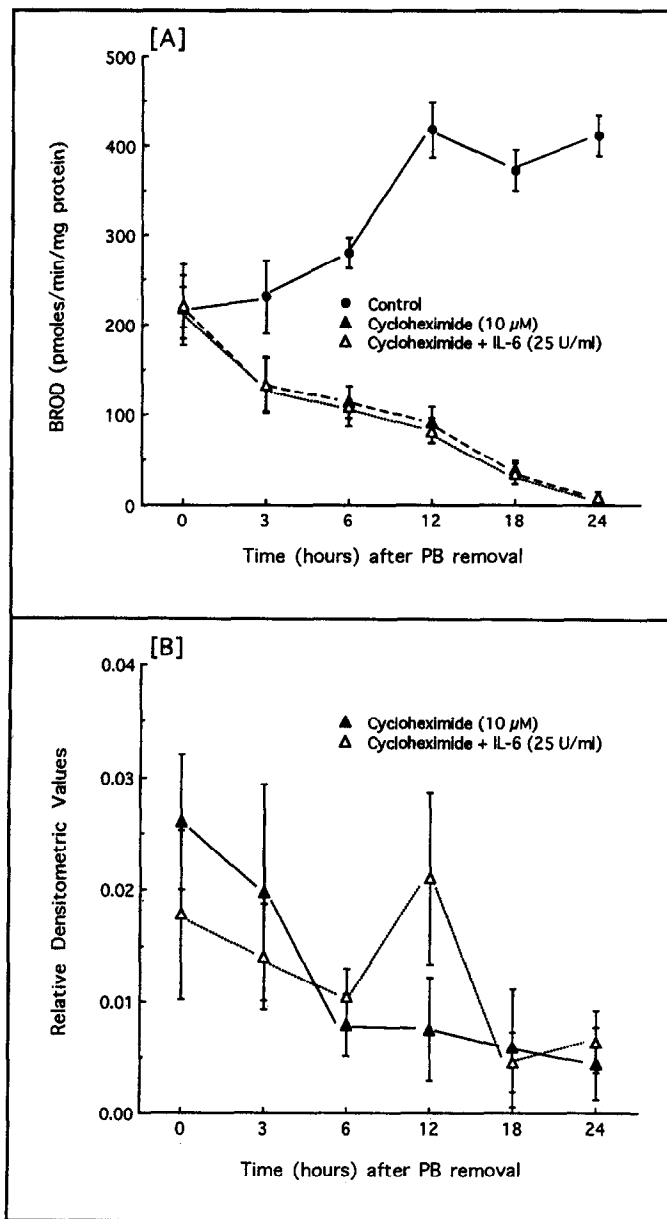
Hepatocytes were incubated for 24 hr in the absence or presence of PB. Sonicates were prepared and P450 reductase activity was determined as described in Materials and Methods. Values are means  $\pm$  SEM.

\* Significantly different ( $P < 0.05$ ) from baseline (no drug) values.

been established, i.e. studies have indicated that the cytokines may affect the synthesis as well as the degradation of P450s. To further characterize the effects of IL-6 on PB induction of P450B1/2, hepatocytes were exposed to PB, and IL-6 (25 U/mL culture medium) was added concomitantly with or 1, 3, 6, 12 or 18 hr after PB. The cells were harvested 24 hr after the addition of PB. Results from these experiments are shown in Fig. 2. When IL-6 was added concomitantly with or up to 12 hr after PB, a significant ( $P < 0.05$ ) decrease in both BROD activity (Fig. 2A) and P450B1/2 immunoreactivity (Fig. 2B) was observed compared with hepatocytes exposed to PB alone for 24 hr. When IL-6 was added to the hepatocytes 18 hr after PB, the IL-6-mediated inhibition of BROD activity and immunoreactivity was no longer apparent, suggesting that IL-6 may be affecting the synthesis of P450B1/2. However, these results are confounded somewhat by the time of exposure of the hepatocytes to IL-6, i.e. at the 18-hr interval, hepatocytes



**FIG. 2.** Time-dependent effects of IL-6 on PB-induced P450B1/2. Hepatocytes were isolated, processed, and incubated with PB (0.75 mM). IL-6 (25 U/mL culture medium) was added concomitantly with or 1–18 hr after the addition of PB. Cells were harvested 24 hr after the addition of PB, then sonicated, and BROD activity and immunoreactivity were determined. Each point is the mean  $\pm$  SEM of 3–4 experiments. The asterisks denote a significant ( $P < 0.05$ ) difference compared with hepatocytes incubated with PB alone.



**FIG. 3.** Effects of IL-6 on the degradation of PB-induced P450B1/2. Hepatocytes were isolated, processed, and incubated with 0.75 mM PB for 24 hr. Following washing, hepatocytes were incubated with buffer, cycloheximide (10  $\mu$ M), or cycloheximide (10  $\mu$ M) and IL-6 (25 U/mL). Cells were harvested at various times, then sonicated, and BROD activity and immunoreactivity were determined. Each value is the mean  $\pm$  SEM of 4 experiments.

were exposed to IL-6 for only 6 hr, whereas at the 0 time interval, hepatocytes were exposed to IL-6 for 24 hr. Thus, one cannot rule out the possibility that IL-6 promotes enzyme degradation. IL-6 did not alter the PB induction of P450 reductase (Table 1).

To examine the possibility that IL-6 affects enzyme degradation, the effects of IL-6 on the loss of BROD activity and P450B1/2 immunoreactivity in induced hepatocytes in the presence of a protein synthesis inhibitor were determined. We chose this approach to measure the effect of IL-6 on enzyme

degradation because studies investigating the induction of the enzymes essential in the breakdown of cytochrome P450 (xanthine oxidase and heme oxygenase) have provided equivocal results [18–21, 34]. For these experiments, hepatocytes were exposed to PB for 24 hr and washed prior to the addition of control buffer or cycloheximide (10  $\mu$ M) in the absence or presence of IL-6 for 3–24 hr; the loss of BROD activity and immunoreactivity was determined. Results from these experiments are shown in Fig. 3. When hepatocytes were exposed to PB for 24 hr, washed, and incubated in control buffer, BROD activity increased steadily during the following 12 hr after which time a maximal effect was achieved. As expected, cycloheximide led to a loss of BROD activity (Fig. 3A) and immunoreactivity (Fig. 3B), both of which decreased to undetectable values by 24 hr. These decreases could not be attributed to nonspecific cytotoxic effects of cycloheximide because cell viability, as assessed by the MTT assay, was unaltered by the presence of cycloheximide; the optical density values for control, PB-treated, and PB-treated preparations in the presence of cycloheximide were  $0.89 \pm 0.2$ ,  $0.90 \pm 0.4$ , and  $0.88 \pm 0.05$ , respectively.

IL-6 had no effect on the loss of enzyme activity or immunoreactivity as compared with cycloheximide alone. If IL-6 increased the degradation of P450B1/2 via activation of an enzyme, one would expect to see a more rapid decline in P450B1/2 activity or immunoreactivity. Results suggest that IL-6 inhibits P450 induction via events involved in enzyme synthesis. This idea is supported by results indicating that when BROD activity was determined in hepatocytes exposed to IL-6 for 12 hr prior to PB, the PB induction of P450B1/2 was attenuated. BROD activity in hepatocytes exposed to PB alone for 12 hr was  $147 \pm 13$  pmol/min/mg protein, whereas activity in hepatocytes exposed to IL-6 for 12 hr, followed by washing and incubation with PB for 12 hr was  $70.8 \pm 5.8$  pmol/min/mg protein. Thus, although we cannot rule out degradation completely as it is possible that IL-6 induces another protein that alters P450 degradation, results strongly suggest that IL-6 inhibits P450B1/2 mRNA expression. Studies are underway to determine the concentration-dependent inhibition of P450B1/2 mRNA levels as well as the effects of IL-6 on the half-life of P450B1/2 mRNA.

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